

MAINE TOWNSHIP MAINSTREAMERS

Enhancing Lives After 55+

MaineStreamers is a social group for seniors. The mission of MaineStreamers is to enhance the quality of life for residents 55 years of age and older by providing educational programs and recreational activities that encourage socialization, learning, independence, self-esteem and dignity. Membership is free and open to all Maine Township residents.

ELECTED OFFICIALS

Kimberly Jones
Supervisor

Peter Gialamas
Clerk

Susan Moylan Krey
Assessor

Ed Beauvais
Highway Commissioner

Kelly Horvath
Trustee

James Maher
Trustee

Asif Malik
Trustee

Elizabeth Lynch
Trustee

MaineStreamer Staff

Marie Dachniwsky
Director

Therese Tully
Assistant Director

Monika Jaroszewicz
Program Coordinator

Oksana Bukaczyk
Program Coordinator

Maine Township
1700 Ballard Rd.
Park Ridge, IL 60068
847-297-2510
www.maintown.com



**19th Annual Maine Township
Community Garage Sale**
Saturday, September 13th
9:00 a.m. to 3:00 p.m.
Maine Township Town Hall Parking Lot

Don't miss this popular event filled with bargains and fun for everyone! Over 80 vendors will be present. Donuts and lunch items will be available to purchase. All proceeds support Maine Township's summer camp for at-risk youth. For more details, visit maintown.com/garagesale or call 847-297-2510.

Join the Mighty MaineStreamers Team



Walk to End Alzheimer's
Gallery Park
2001 Patriot Blvd., Glenview
Sunday, September 21st
10:00 a.m. Opening Ceremony
10:30 a.m. Walk

Join the Mighty MaineStreamers team for the 2025 Walk to End Alzheimer's on Sunday, September 21st, at Gallery Park in Glenview. Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. Alzheimer's impacts over 230,000 people right here in Illinois. If you are interested to walk or donate, please contact Monika Jaroszewicz at 847-297-2510 x 252 for more information. Visit our team page, "Mighty MaineStreamers" to donate or join our team to walk at <http://act.alz.org/goto/mainestreamers>.



POLISH FEST

Wednesday, October 15th
Lone Tree Manor - 7730 N. Milwaukee Ave., Niles
Doors Open 4:30 p.m.
Dinner & Entertainment: 5:00 p.m. to 8:00 p.m.
Cost \$48.00 members / \$50.00 guests
Registration Required



One of the greatest gifts we can give people of today is deep knowledge of their ethnic heritage. Without this historical awareness, they will not develop a full appreciation for the richness and diversity that is their cultural legacy. Many years ago, Polish Festivals recognized the importance of preserving the culture of Poland and passing this tradition on to their children. Please join us for a Polish Night that will represent a living example of the arts, culture, and tradition that is uniquely Polish. The night will begin with a traditional Polish dinner, followed by a performance by Eddie Korosa Jr., and ending with traditional dances performed by Lechici Dancers!

Registration / Cancellations By: Wed. Oct. 8th

Sponsored by:



BOURBON 'N BRASS SPEAKEASY
The Vito Zatto Show!
Des Plaines Theatre
1476 Minor St., Des Plaines

Tuesday, September 30th
12:00 noon - 1:00 p.m. - Buffet
1:00 p.m. - 2:30 p.m. The Vito Zatto Show
Cost \$47.00 members / \$52.00 guests

Join us at The Bourbon 'N Brass Speakeasy located on the second floor of The Des Plaines Theatre. You will feast on a buffet of small plate delicacies including chicken parm sliders, Ron's famous mini meatballs, caprese skewers, toasted ravioli, and mini cannoli for dessert. Lunch includes coffee and soft drinks. Then get ready to experience electrifying energy and talent as Vito seamlessly blends singing, quick wit comedy, and costumed skits. Vito will interact spontaneously with audience members, adding an exciting element of unpredictability to his performance. Prepare yourself for an afternoon filled with fun, laughter, dancing and unforgettable memories. Vito can turn any event into a legendary party!

Transportation on your own
Registration/ Cancellation by Tues., Sept. 16th
Max. 60 Participants

MaineStreamers Hit the Road in October & November 2025

REGISTRATION POLICY

REGISTRATION OPENS TUES. AUGUST 19TH - ONLINE REGISTRATION OPENS AT 8:00

DAY TRIP INFO

Rate 1-“Easy” means usually one stop, some walking, and minimal stairs.

Rate 2-“Somewhat Difficult” means that there are at least two stops and some stairs.

Rate 3-“Difficult” means that there are at least two stops, stairs, and possibly heavy walking.

DAY TRIP CANCELLATION POLICY

If we have a waiting list and are able to resell your ticket, there will be a \$3.00 cancellation fee. If the ticket is not resold, there is no refund.

GUEST POLICY

ONE guest per paid member; paid couples can have TWO guests.

SPECIAL REQUESTS

Please limit your request to sit with one person and indicate this on your Registration Form. Also, if you need any special assistance, such as wheelchair access, special menu, etc..., indicate this on the Registration Form.



GRAVEYARD STORIES:

Heroes, Hobos & Murderers Unearthed
The Lone Buffalo – Restaurant, Ottawa, IL
Wednesday, October 8th
8:30 a.m. to 5:45 p.m.

\$106.00 members / \$111.00 guests - Trip Rate 3

MENU - Buffet Lunch

Pub Chips, Caesar & Garden Salad
 TR Burger Sliders, Chicken Club Sliders &
 Margherita Flatbread
Dessert: Lemon Bar w/ Wild Berry Compote
 Coffee, Hot Tea & Iced Tea Included

Join us as we travel to Ottawa, Illinois, for a chilling expedition through the annals of history. Discover the unsettling truth behind the final resting places of this county's most notorious murderers, who met their end at the gallows. Join us as we learn of the depths of their crimes and unearth the secrets surrounding their demise. The surprises don't end there! Amidst the solemn rows of buried Union soldiers lies a Confederate soldier interred in this hallowed ground. Delve into the mystery of this Confederate burial and uncover the compelling tale behind its existence. Then we venture further into the LaSalle County Asylum graveyard. Listen to the heartrending stories, struggles, and sorrows of those laid to rest here. We conclude our journey at the oldest pioneer graveyard in Ottawa. Following our tour, we will enjoy a buffet lunch at The Lone Buffalo and some free time to shop in Ottawa.



GALENA COUNTRY FAIR

Grant Park, Galena, IL
Saturday, October 11th
7:30 a.m. to 7:00 p.m.

\$36.00 members / \$41.00 guests - Trip Rate 3



Immerse yourself in the charm of the Galena Country Fair, just minutes away from downtown Galena. A delightful event featuring over 100 hand-selected artisans showcasing unique, high-quality handmade items. Indulge in a delectable selection of food and beverages, including domestic and local craft beer, cocktails, and a Gazebo Wine Garden serving Galena Cellars wine and other treats. The suggested donation for the Country Fair, at the gate, is \$3.00. There will be a shuttle running every 30 minutes if you are interested in going to downtown Galena. Lunch will be on your own!



CHINA LIGHTS

Boerner Botanical Gardens, Milwaukee &
Hobnob Supper Club, Racine
Thursday, October 16th
1:15 p.m. to 8:30 p.m.

\$110.00 members / \$115.00 guests - Trip Rate 3

MENU

Soup, Salad
 Au Gratin Potatoes
Entrée Choices: Chicken Parmigiana,
 Whitefish Almondine & Stuffed Pork Chop
Dessert: Crème Brûlée
 Coffee, Hot Tea & Milk Included

Brighten up your autumn evening at this incredible lights festival that has become a Milwaukee area tradition! China Lights is an event that celebrates the art, skill, and beauty of traditional Chinese lantern festivals that have been celebrated across Asia for over 400 years! Held at Boerner Botanical Gardens in Whitnall Park, Milwaukee, this after-sundown celebration of Asian life and culture transforms the Gardens into a magical paradise of dazzling illuminated displays. Dragons, glowing pagodas and iridescent pinwheels are just some of the stunning illuminated sculptures you will see on a walking path at the gardens. China Lights also features amazing stage performances highlighting Asian folk-culture performances. Before our visit to China Lights, we will enjoy an early dinner at Hobnob, one of Wisconsin's famous, original Supper Clubs, which overlooks Lake Michigan.

MaineStreamers Hit the Road in October & November 2025



GAME SHOW BATTLE ROOMS

Lombard, IL

Tuesday, October 21st

9:15 a.m. to 3:15 p.m.

\$133.00 members / \$138.00 guests - **Trip Rate 1**



Get ready for one of the most fun and unforgettable events you have ever experienced! Join us as we star in our very own Live Game Show. Face off against your friends as we play Classic and Prime Time Showdowns such as Survey Battles, Spin and Solve, What's That Cost and Time Rush games to name a few. Unleash your competitive spirit in a fun-filled atmosphere. After battling one another we will enjoy a lunch buffet from Billy Bricks. Lunch will include cheese, sausage and veggie pizzas, baked mostaccioli pasta, salads and brownie bites for dessert.



HARD ROCK CASINO

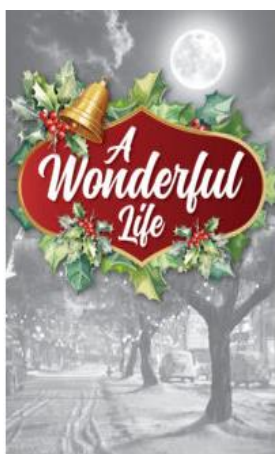
Rockford, IL

Wednesday, November 5th

8:45 a.m. to 4:15 p.m.

\$27.00 members / \$32.00 guests - **Trip Rate 1**

Join us as we spend the day at Hard Rock Casino in Rockford, IL. All bus members will receive \$10.00 Free Slot Play for arriving on the bus. You will receive an additional \$10.00 Free Slot Play if you are a brand-new member at this casino. Lunch will be on your own.



A WONDERFUL LIFE

The Fireside Theatre, Fort Atkinson, WI

Friday, November 14th

8:30 a.m. to 6:30 p.m.

\$119.00 members / \$124.00 guests - **Trip Rate 1**

MENU

Loaded Baked Potato Soup

Fresh Baked Breads

Entrée Choices: Chicken Monterey, Grilled

Atlantic Salmon, Sliced Roast Beef

Tenderloin or Vegetarian Skewers with Tofu

Dessert: Bailey's Irish Cream Cheesecake

Coffee, Tea & Milk Included

The story of George Bailey and his wonderful life in Bedford Falls has brought hope and inspiration to every heart with its celebration of the goodness in all of us. The Fireside is proud to bring you this stunning, live stage version of Frank Capra's beloved film. It's written by Pulitzer Prize and Tony Award winning lyricist Sheldon Harnick, one of the creators of FIDDLER ON THE ROOF, along with Grammy and Emmy Award winner Joe Raposo whose music from SESAME STREET inspired generations of young people. A WONDERFUL LIFE captures all the magic of the film as it shines with the spirit of Christmas. ***Not only will you enjoy a delicious lunch and a wonderful show, you will be able to browse the gift shops and purchase baked goods from the bakery!***



VIENNA BOYS CHOIR:

Christmas in Vienna

Chicago Symphony Orchestra & Wildfire, Chicago

Saturday, November 29th

10:00 a.m. to 4:45 p.m.

\$149.00 members / \$154.00 guests - **Trip Rate 2**

MENU – Family Style Lunch

Tomato & Cheese Flatbread

Wildfire Chopped Salad

Entrées: Mushroom-Crusted Pork Chop &

Cedar Planked Salmon with

Red Skin Mashed Potatoes & Vegetables

Dessert: Triple Layer Chocolate Cake &

Homemade Key Lime Pie

Coffee, Tea & Soft Drinks Included



Ring in the holiday season with this program of Austrian folk tunes, classical masterpieces, and Yuletide favorites. Dating back to 1498, the Vienna Boys Choir is one of the best-known boys' choirs in the world and one of Austria's most famous cultural exports. The choir is based in Vienna in the spectacular Augartenpalais which acts as both the school and boarding house for the boys. The choir is divided up into four sub-groups who record, rehearse, and tour as a unit. Each group is made up of 25 male vocal talents aged between 10 and 14 years of age. Prior to the show, we will enjoy a family style lunch at Wildfire.

2026 Extended Trips



Spain & Portugal April 6-19, 2026 14 Days

American Heritage:
D.C., Williamsburg, Jamestown,
Yorktown, Monticello, Mt. Vernon,
Chesapeake Bay, Shenandoah National
Park, Virginia International Totto
April 14-22, 2026
9 Days



Nashville, Dollywood and Biltmore Estate Festival of Flowers April 24-30, 2026 7 Days



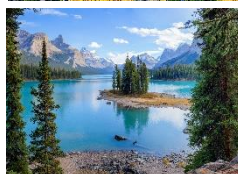
Italy May 5-19, 2026 15 Days



Switzerland by Train June 11-22, 2026 12 Days



Colorado Trains June 13-22, 2026 10 Days



Canadian Rockies & Rocky Mountaineer Train July 28 – August 6, 2026 10 Days



Alaska: Land & Sea August 16-29, 2026 14 Days

Home Pick Available!

All trips are being offered by American Classic Tours! You can receive flyers with complete information on any of these trips by calling MaineStreamers at 847-297-2510, or visit mainetown.com and go to MaineStreamers to view flyers!

When registering directly with American Classic Tours, Inc, please mention you are a MaineStreamer Member.

Also, please notify the MaineStreamers that you will be traveling.



FREE

HEARING & RETINAL SCREENINGS

(Town Hall Parking Lot)

Friday, September 12th
10:00 a.m. - 2:00 p.m.



ADULT HEARING LOSS - A common chronic disability. Earlier the detection, the better the chances for successful treatment.



VISION LOSS - Early detection of disorders such as macular degeneration and diabetic retinopathy is critical to preserve vision. Persons 55+ are encouraged to get free eye screenings.

Sponsored By: The Niles Lions Club
For information: Contact Lion Ingried at (847)226-5519



Upcoming December & January Day Trips

Registration Opens October 14th, 2025 at 8:00 a.m.

Irving Berlin's White Christmas the Musical
Paramount Theatre, Aurora & VAI'S
Wednesday, December 3rd - **Trip Rate 2**
10:15 a.m. - 5:45 p.m.
\$86.00 members / \$91.00 guests

Lake Geneva Santa Cruise - Williams Bay, WI
Friday, December 12th - **Trip Rate 2**
2:30 p.m. - 8:30 p.m.
\$83.00 members / \$88.00 guests

Chicago Fed Money Museum & Chicago Board of Trade Museum
Chicago, IL
Thursday, January 8th - **Trip Rate 3**
8:45 a.m. - 4:00 p.m.
\$70.00 members / \$75.00 guests

Vito's Vault - Lunch Theatre Show - Chicago, IL
Wednesday, January 14th - **Trip Rate 1**
11:00 a.m. - 4:30 p.m.
\$102.00 members / \$107.00 guests

On Your Feet – The Story of Emilio & Gloria Estefan
Drury Lane Theatre & Maggiano's, Oak Brook
Thursday, January 29th - **Trip Rate 2**
10:30 a.m. - 5:15 p.m.
\$102.00 members / \$107.00 guests

REFUND POLICY

In order to receive a refund for programs, classes, special events, you must cancel at least one week prior.

Fitness Classes**SENIOR AEROBICS**

(Feldman Center, 8800 Kathy Lane, Niles)

Mondays, September 8th to October 20th

No class on September 22nd & October 13th

10:30 a.m. to 11:30 a.m. (5 classes)

Cost: \$23.00 members / \$28.00 guests

Instructor: Joann Kitching

This class will increase your strength, balance, flexibility, and coordination in sitting and/or standing position.

Reg. Deadline: Mon., August 25th - Min. Students: 12

**SENIOR AEROBICS**

(Feldman Center, 8800 Kathy Lane, Niles)

Wednesdays, September 10th to October 22nd

No class October 1st

11:15 a.m. to 12:15 p.m. (6 classes)

Cost: \$27.00 members / \$32.00 guests

Instructor: Joann Kitching

This class will increase your strength, balance, flexibility, and coordination in sitting and/or standing position.

Reg. Deadline: Wed., August 27th - Min. Students: 12

**YOGA - (Town Hall)**

Mondays, September 8th to October 20th

No class October 13th

6:00 p.m. to 7:30 p.m. (6 Classes)

Cost: \$45.00 members / \$50.00 guests

Instructor: Diane McDonald

This class is taught at a relaxed pace, integrating breath work with deliberate muscle elongation, toning, and balance. Don't forget to bring a mat!

Reg. Deadline: Fri., September 5th - Min. Students: 16

**ZUMBA GOLD**

(Feldman Center, 8800 Kathy Lane, Niles)

Thursdays, September 4th to October 23rd

No class October 2nd

10:15 a.m. to 11:15 a.m. (7 classes)

Cost: \$40.00 members / \$45.00 guests

Instructor: Regina Mundt

Zumba Gold fuses Latin rhythms and easy to follow moves for a great fitness program in a party-like atmosphere. So, get in shape while listening to fun music!

Reg. Deadline: Thurs., August 28th - Min. Students: 12

**CHAIR YOGA**

(Feldman Center, 8800 Kathy Lane, Niles)

Tuesday, September 2nd to October 21st

No class on October 14th

12:00 p.m. to 1:00 p.m. (7 classes)

Cost: \$49.00 members / \$54.00 guests

Instructor: Nina Ginocchio

In this class, we will use a chair and seated poses to begin and end each class. Standing poses are used to build strength in our legs and core so that we can maintain movement, balance, and flexibility. We begin by connecting to our breath and then we connect our breath to movement. As with any yoga class, we will feel calm and refreshed at the end of class!

Reg. Deadline: Tues., August 26th - Min. Students: 12

If interested
in trying a
class please call:

Call Monika at
847-297-2510 Ext. 252
(Senior Aerobics, Zumba
Gold & Chair Yoga)

Call Oksana at
847-297-2510 Ext. 275
(Yoga)

Educational Programs**COMPUTER CLASS - (Town Hall)**

Monday, September 29th

2:00 p.m. to 3:30 p.m.

Cost: \$10.00 members

\$15.00 guests

Instructor: Lee Huber

Topic: Tips and tricks for your iPhone/iPad

Even though you use your iPhone every single day, you may not realize how powerful and feature-packed it really is. In fact, your iPhone has a few tricks up its sleeve that you don't know about. With the new iPhone releases and the latest iOS 18 software change, learn tips so you can take full advantage of your smartphone. They're extremely convenient and fun, and they'll help save you a little time, too.

Registration Required - 20 Max.

**MaineStreamers Travelogue - (Town Hall)**

"India"

Presenter: Wendy Altschuler

Travel & Lifestyle Writer, Adventurer

Friday, October 3rd - 2:00 p.m. to 3:00 p.m.

Cost: \$5.00 members / \$7.00 guests

India is fragrant smoke, turmeric powder, mustard seeds, and dangling strings of chilies; tight round marigolds, fresh jasmine, and bursting bougainvillea; raucous tuk-tuks and inert cows. It's humidity, then a deluge of rain, then beams of sunshine. It's smiles under draping colorful scarves and a bob of the head. There's an effervescence that must be experienced firsthand to comprehend, to believe, to feel. In this presentation, global travel writer and author, Wendy Altschuler, will take you on a journey where you'll discover what it's like to explore this vibrant country. Her work may be found in major magazines and digital publications like *Travel + Leisure*, *Business Insider*, and *Forbes*.

Registration Required

Recreational Programs



SEPTEMBER MOVIE
"You're Cordially Invited"
 Comedy / Romance
 2025 / R / 1hr. 45 min.
 Tuesday, September 23rd
 Doors Open: 2:00 p.m.
 2:30 p.m. to 4:15 p.m.

Cost: \$2.00 members / \$4.00 guests

When two weddings are accidentally booked on the same day at the same venue, each bridal party is challenged with preserving their family's special moment. They make the most of the unanticipated tight quarters. In a hilarious battle of determination and grit, the father of the bride (Will Ferrell) and sister of the other bride (Reese Witherspoon) chaotically go head-to-head, as they stop at nothing to uphold an unforgettable celebration for their loved ones.

Popcorn and Soda Included
Registration Required - Max. 60

BRIDGET JONES
MAD ABOUT THE BOY



OCTOBER MOVIE
"Mad About the Boy"
 Romance / Comedy
 2025 / R / 2hr. 10 min.
 Tuesday, October 28th
 Doors Open: 2:00 p.m.
 2:30 p.m. to 4:40 p.m.
Cost: \$2.00 members / \$4.00 guests

Bridget Jones navigates life as a widow and single mum with the help of her family, friends, and former lover, Daniel. Back to work and on the apps, she's pursued by a younger man and maybe - just maybe - her son's science teacher.

Popcorn and Soda Included
Registration Required - Max. 60



BINGO
 Thursday, September 4th
 &
 Thursday, October 2nd
 Doors Open: 12:00 noon
 Game Begins: 12:30 p.m.

\$6.00 members / \$8.00 guests

Come and enjoy an afternoon of Bingo. Win a gift card as a prize and enjoy each other's company!

Refreshments Served

Registration Required - Max. 50



DAY AT THE RACES
 Thursday, September 11th
 &
 Thursday, October 23rd
 Doors Open: 12:30 p.m.
 Game Begins: 1:00 p.m.

\$6.00 members / \$8.00 guests

Come and join us for a fun afternoon with horse racing. Enjoy refreshments while competing for prizes. Each participant gets an equal amount of wagers to bet on his or her favorite horse!

Registration Required - Max. 40

Twilight Dining



Sunrise Grill
 1930 E. Touhy Ave., Des Plaines
 Monday, October 27th
 Doors Open: 4:30 p.m.
 Dinner: 5:00 p.m. to 6:30 p.m.
\$34.00 members / \$36.00 guests

Join the MaineStreamers for an evening out at Sunrise Grill!

Menu

Cream of Broccoli Soup, Salad & Fresh Bread

Entrée Choice

Tilapia Vesuvio

Beef Stroganoff

Pork Tenderloin Schnitzel

Baked Meatloaf

Short Rib Rigatoni

Dessert

Cheesecake

Coffee, Hot Tea, & Soft Drinks Included
 (BYOB- Bring your own bottle of wine to enjoy with dinner.)

Transportation on your own.

Registration / Cancellations by Tues., October 21st
Max. 60

OUTDOOR TAILGATE BINGO

Wednesday, September 10th - (Rain Date - Tues., September 16th)
5:30 p.m. to 6:30 p.m.
Cost: \$5.00 per person



Enjoy a summer evening outdoors. Pull into the Maine Township parking lot, pull out your own lawn chair and play Bingo! Feel free to bring your own refreshments and snacks. Prizes will include gift cards from local restaurants. To add excitement to the game, we will include free raffles. Bingo cards will be provided.

Registration Required

Tailgate Sponsors



Informative Programs, Health & Creative Corner



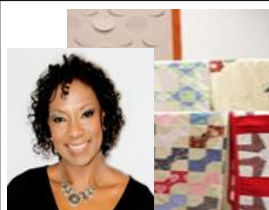
INFORMATIVE - (Town Hall) **"Titanic Survivor Violet Jessop"**

Presenter: Leslie Goddard
Friday, September 5th
Doors Open 1:00 p.m.
1:30 p.m. to 2:30 p.m.

Cost: \$0.00 members / \$2.00 guests

A first-person historical portrayal, based on the true story written and performed by Leslie Goddard. When the HMHS Britannic sank during World War I, few survivors emerged with a toothbrush. Violet Jessop, however, had hers, remembering what she had missed after the sinking of the RMS Titanic (the Britannic's identical sister ship in 1912). The only person to survive both sinkings, Jessop tells unforgettable stories of the terrifying disasters and gives a fascinating glimpse at life behind the-scenes on the most glamorous luxury liners of their day.

Registration Required



INFORMATIVE - (Town Hall)

"Pre-Civil War Quilts: Secret Codes to Freedom on the Underground Railroad"

Presenter: Connie Martin
Friday, October 17th
Doors Open 1:30 p.m.
2:00 p.m. to 3:30 p.m.

Cost: \$0.00 members / \$2.00 guests

"Sometimes a quilt is just a quilt, other times it has hidden messages that helped freedom seekers escape to Canada." Join us as Connie Martin tells the secret codes and hidden messages in the family quilts her ancestors used over 200 years ago. Both white and black abolitionists used them to signify escape routes to the North. Connie will show how quilts were used to signal plans, warn of dangers, or who might help as "Friends" on the Underground Railroad. She will show each quilt code in over a dozen beautifully hand-crafted quilt replicas.

Registration Required



OFFICE OF THE ILLINOIS
ATTORNEY GENERAL

IDENTITY THEFT SCAMS AND PREVENTION TIPS (Town Hall)

Presenter: Agnieszka Lizak
Wednesday, September 3rd
6:30 p.m. to 7:30 p.m.

Registration Required - No Charge

Everyday actions can leave anyone open to identity theft. The Illinois Attorney General's Office will present tips to prevent identity theft and ways to restore your financial profile if it happens to you. Learn to:

- Recognize common scams and their many variations
- Set up fraud alerts, security freezes, and opt-outs
- Report scams and manage the situations

Health Program



Sleep Apnea (Town Hall)

Presenter: Patrick J. Kennedy, Jr., M.D., ENT Specialist of Illinois
Monday, September 8th
1:00 p.m. - 2:00 p.m.

Registration Required - No Charge

Dr. Patrick Kennedy, of ENT Specialists of Illinois, will discuss the importance of managing sleep apnea and Inspire Therapy as an alternative to CPAP. Inspire Therapy is a proven, safe, and effective mask-free solution for people with obstructive sleep apnea (OSA) who have tried and struggled with CPAP. It is the only FDA-approved OSA treatment that works comfortably inside your body to treat the root cause of OSA.

WINE TASTING / FOOD PAIRING



Uncork, Unwind
1440 Miner Street, Des Plaines
Friday, September 19th
Doors Open: 12:30 p.m.
1:00 p.m. to 3:00 p.m.
Cost: \$43.00 members
\$45.00 Guests

Join us for an unforgettable afternoon private event at Uncork Unwind. They will cover wine basics, including factors influencing taste, how to taste wine systematically, and the effect of food on wine. The event will end with you choosing one of the wines to pair with pinsa romana pizzas: mushroom and leek, spinach and onion, or fig and prosciutto.

Registration / Cancellation by September 5th
Max. 30 Participants

Creative Corner



FLORAL DESIGN - (Town Hall)

Instructed by Robert's Floral Design Studio
Monday, October 20th
2:00 p.m. to 3:00 p.m.
Cost: \$31.00 members / \$33.00 guests

Learn how to create a stunning, custom-made flower arrangement with Robert Neri, a Chicago artist and florist. You will go home with knowledge about the world of flower design. All your flowers and containers will be provided. In this class, you will learn how to keep flowers alive for weeks instead of days. Everyone will go home with his or her own flower arrangement. The cost includes all materials and instructions.

Please bring a pair of scissors.

Registration Required - Max. 30 Participants

Therese Tully – Assistant Director
Oksana Bukaczuk – Program Coordinator
Marie Dachniewsky – Director
Monika Jaroszewicz – Senior Program Coordinator
MaineStreamers Staff

Kelly Horvath, Trustee
James Maher, Trustee
Asif Malik, Trustee
Elizabeth Lynch
Peter Gialamas, Clerk
Susan Moylan Krey, Assessor
Ed Beauvais, Hwy. Commissioner

Kimberly Jones, Supervisor

MAINE TOWNSHIP
1700 BALLARD ROAD, PARK RIDGE, IL 60068
(847) 297-2510 – FAX (847) 297-1335
www.maintown.com



Maine Township MaineStreamers
1700 Ballard Road
Park Ridge, IL 60068

FIRST CLASS MAIL

September & October 2025 Registration Form

TO REGISTER AND PAY WITH A CREDIT CARD GO TO: mainetown.com/mainestreamers and log into your account.

IF PAYING BY CHECK: Complete form, print name, phone number and return the entire registration form. If you are signing up another member, we must also have his or her registration form. Enclose a check (payable to MTMS). Mail or Drop Box only. No walk-ins.

Mail to: Maine Township MaineStreamers (M.T.M.S)

1700 Ballard Rd.

Park Ridge, IL 60068

**REGISTRATION OPENS TUES. AUGUST 19TH
ONLINE REGISTRATION OPENS AT 8:00 A.M.**

*****REFUND POLICY:** In order to receive a refund for programs, classes, special events, you must cancel at least one week prior***

Recreational

Members Attending	Guests Attending	Activity Name	Date	Cost Per Person	Amount
		Bingo	Thursday, September 4th	\$6.00 members / \$8.00 guests	
		Day at the Races	Thursday, September 11th	\$6.00 members / \$8.00 guests	
		Movie of the Month "You're Cordially Invited"	Tuesday, September 23rd	\$2.00 members / \$4.00 guests	
		Bingo	Thursday, October 2nd	\$6.00 members / \$8.00 guests	
		Day at the Races	Thursday, October 23rd	\$6.00 members / \$8.00 guests	
		Twilight Dining- Sunrise Grill Choose Entrée: <u> </u> Tilapia <u> </u> Beef Stroganoff <u> </u> Pork Tenderloin Schnitzel <u> </u> Meatloaf <u> </u> Short Rib Rigatoni	Monday, October 27th	\$34.00 members / \$36.00 guests	
		Movie of the Month "Mad About the Boy"	Tuesday, October 28th	\$2.00 members / \$4.00 guests	

2 Month Fitness Classes (September Through October)

Members Attending	Guests Attending	Activity Name	Days	Cost Per Person	Amount
		Senior Aerobics	Monday - 5 classes	\$23.00 members / \$28.00 guests	
		Yoga	Monday - 6 classes	\$45.00 members / \$50.00 guests	
		Senior Aerobics	Wednesday - 6 classes	\$27.00 members / \$32.00 guests	
		Zumba Gold	Thursday - 7 classes	\$40.00 members / \$45.00 guests	
		Chair Yoga	Tuesday - 7 classes	\$49.00 members / \$54.00 guests	

Educational, Health & Informative Programs / Special Events

Members Attending	Guests Attending	Activity Name	Date	Cost per Person	Amount
		Identity Theft Scams and Tips	Wednesday, September 3rd	No Charge, Registration Required	****
		Informative "Titanic Survivor Violet Jessop" Presenter: Leslie Goddard (Town Hall)	Friday, September 5th	\$0.00 members / \$2.00 guests	
		Health Program - Sleep Apnea Presenter: Patrick J. Kennedy Jr., M.D.	Monday, September 8th	No Charge, Registration Required	****
		Outdoor Tailgate Bingo	Wednesday, September 10th	\$5.00 per person	
		Wine Tasting / Food Pairing (Uncork & Unwind)	Friday, September 19th	\$43.00 members / \$45.00 guests	
		Computer Class iPhone/iPad Tips & Tricks	Monday, September 29th	\$10.00 members / \$15.00 guests	
		The Vito Zatto Show! Bourbon 'N Brass Speakeasy (Des Plaines Theatre)	Tuesday, September 30th	\$47.00 members / \$52.00 guests	
		Travelogue "India" Presenter: Wendy Altschuler (Town Hall)	Friday, October 3rd	\$5.00 members / \$7.00 guests	
		Polish Fest (Lone Tree Manor)	Wednesday, October 15th	\$48.00 members / \$50.00 guests	
		Informative "Pre Civil War Quilts" Presenter: Connie Martin (Town Hall)	Friday, October 17th	\$0.00 members / \$2.00 guests	

Creative Corner

		Floral Design (Town Hall)	Monday, October 20th	\$31.00 members / \$33.00 guests	
				Check# _____ Total	

Print Your Name: _____ **Phone:** _____

(Please complete the above information)



Day Trip Registration



October & November 2025 Day Trips - Registration Form

IF PAYING BY CHECK: A SEPARATE CHECK NEEDS TO BE MADE OUT FOR EACH DAY TRIP.

Make checks payable to: M.T.M.S.

SPECIAL REQUESTS

Please limit your request to sit with one person only and indicate this on your Registration Form below. Also, if you need any special assistance, such as wheelchair access, special menu, etc..., indicate this on the Registration Form.

PLEASE NOTE: DEPARTURE POINT - SABEL CENTER, 8800 BALLARD RD., DES PLAINES

1. On Day Trips please seat me with (Limit 1) _____

2. Special Needs: Wheelchair Accessibility, Special Menu, Visual/Audio aids, etc... _____

Please Specify _____

October Day Trips

Members Attending	Guests Attending	Trip Name	Date	Cost Per Person
		Graveyard Stories: Heroes, Hobos & Murderers Unearthed Trip Rate 3	Wednesday, October 8th	\$106.00 members / \$111.00 guests
		Galena Country Fair Trip Rate 3	Saturday, October 11th	\$36.00 members / \$41.00 guests
		China Lights Choose Entrée: ___Chicken Parmigiana___ Trip Rate 3	Thursday, October 16th Whitefish Almondine ___Stuffed Pork Chop	\$110.00 members / \$115.00 guests
		Game Show Battle Rooms Trip Rate 1	Tuesday, October 21st	\$133.00 members / \$138.00 guests

November Day Trips

Members Attending	Guests Attending	Trip Name	Date	Cost Per Person
		Hard Rock Casino Trip Rate 1	Wednesday, November 5th	\$27.00 members / \$32.00 guests
		A Wonderful Life Choose Entrée: ___Chicken Monterey___ Trip Rate 1	Friday, November 14th Atlantic Salmon ___Roast Beef Tenderloin___ Vegetarian Skewers/Tofu	\$119.00 members / \$124.00 guests
		Vienna Boys Choir Trip Rate 2	Saturday, November 29th	\$149.00 members / \$154.00 guests

DAY TRIP INFO

Rate 1 - "Easy" means usually one stop, some walking, and minimal stairs.

Rate 2 - "Somewhat Difficult" means that there are at least two stops and some stairs.

Rate 3 - "Difficult" means that there are at least two stops, stairs, and possibly heavy walking.

CANCELLATION POLICY

If we have a waiting list and are able to resell your ticket, there will be a \$3.00 cancellation fee. If the ticket is not resold, there is no refund.

GUEST POLICY

ONE guest per paid member; paid couples can have TWO guests.